

CELEBRATION OF SOULFUL HEALING



FIRST UNITED METHODIST CHURCH

Sunday, Feb. 12, 2012

1:00 p.m. to 4:30 p.m.

CELEBRATION SCHEDULE

1:00 - 1:30 Registration

1:30 - 4:30 Workshops

Come for all or part of the afternoon

Ages 12 – Adult \$10.00 Suggested Donation

WORKSHOPS FOR ADULTS AND YOUTH

Energy Healing and Emotion Code	1:30-2:15 p.m.
Introduction to Reiki	1:30-2:15 p.m.
Learning to Use Tapas Acupressure	1:30-2:15 p.m.
Movement Improvement T'ai Chi	1:30-2:15 p.m.
Psych-K	1:30-2:15 p.m.
Spiritual Direction: What Is it?	1:30-2:15 p.m.
Traditional Yoga	1:30-2:15 p.m.
Downsizing to Your Needs	2:45-3:30 p.m.
Energy Healing and Emotion Code	2:45-3:00 p.m.
The Healing Effect of Near-Death Experiences	2:45-3:00 p.m.
How to Live the Life You Really Want	2:45-3:00 p.m.
Movement Improvement Tai Chi	2:45-3:30 p.m.
Reiki and Therapeutic Touch for Animals	2:45-3:30 p.m.
Singing Crystal Bowl Concert Meditation	2:45-3:30 p.m.
Sonic Meditation	2:45-3:30 p.m.
Sounds of Healing	2:45-3:30 p.m.
Blending Allopathic Medicine and Holistic Health	3:45-4:30 p.m.
Introduction to Dreamwork	3:45-4:30 p.m.
Pendulums: An Ancient Tool for Our Times	3:45-4:30 p.m.
The Reconnection	3:45-4:30 p.m.
Sacred Dance	3:45-4:30 p.m.
Singing Crystal Bowl Concert Meditation	3:45-4:30 p.m.
Sonic Meditation	3:45-4:30 p.m.
Why People Fail When They Diet	3:45-4:30 p.m.

FREE Workshops for Children 5-11.

FREE Childcare will be available during the entire event.

DISPLAYS

CODA – FAST Diet – Knitting Into the Mystery
Life Unleashed Coaching – Methodist Hospital Counseling
The Reconnection – Recovery International
Soul Desires Bookstore – Urban Abby – and MORE!

